

01/10/2022

Minutes from the Regular Meeting of the School Health Advisory Council (SHAC)

1. CALL TO ORDER - Coordinator of Health Services

Meeting was called to order at 4:03

2. Welcome and Introductions - Coordinator of Health Services

The group was welcomed and participants introduced themselves.

3. REVIEW MINUTES

A motion to approve the minutes was made by R. Arthur and seconded by J. Engelking.

4. REPORTS

a. COVID Update-

M. James, Coordinator of Health Services, reported that protocols changed today based on TEA guidance that came out on Friday. We were requiring students who tested positive to isolate for 5 days. They could come back to school after 5 days if they were fever free for 24 hours without the use of medication and they had symptom improvement. We asked that they wear a mask for the next 5 days. TEA guidance refers to DSHS guidance which states students must stay out 10 days if COVID positive. Total student positive cases for today are 94, staff is at 44, 138 total cases in the district. Current COVID Protocols (updated Jan. 10, 2022) can be found on the district website.

COVID testing has come to a halt until we get more test kits in, hopefully this week. Communication will go out when testing becomes available.

b. State Immunization Report-

M. James reported that the state Immunization Report was in compliance. The report was submitted to the state in Dec. Of interest, the district has 150 students with at least one immunization exemption on file with the state.

c. Employee Health Initiatives-

We have recently implemented a couple of employee health initiatives. We had the flu shot clinics in the fall. Staff from a local pharmacy traveled to each campus in the district to offer flu shots to employees. These are covered by insurance.

Recently, we have had The Rose Mobile Mammography coach traveling to our district. The coach will be located at the Administration Building this week. It will be at LJI in February and it has also been in Freeport. Staff members are able to go to the district site and not have to take off a lot of time during the day to get this done. It's been really convenient. There has been a lot of interest. Once the communication goes out, it fills up within 15 minutes.

d. Child Nutrition Update-

R. Arthur, Director of Child Nutrition, brought copies of the Wellness Policy Plan and Monitoring for review. This is a requirement by TDA (Texas Department of Agriculture) and is also required by TEA. We have to stay in compliance and it is housed in Child Nutrition. SHAC plays a really important role in creating, reviewing, and modifying it when needed. Arthur has updated the policy and would like for members to review and contact her if any updates are needed. These can be discussed at the next SHAC meeting.

Four things (umbrellas) are involved in order to stay compliant:

- The Wellness Policy- addresses five main areas and is currently under review.
- The Wellness Plan- more detailed and breaks down the five main areas.
- Wellness Policy Monitoring Form- a living, breathing document and is shared with individuals in the district who have anything to do with coordinated school health- nurses, P.E. teachers, principals, cafeteria managers, etc. Done every year.
- Wellness Policy Triennial Assessment- every 3 years the Wellness Policy must be reviewed to make sure we are still in compliance. We get a score as compared to the National standard.

We are up to date and in compliance but currently under an audit with the state.

e. Drug Prevention Strategies/Drug Testing Update-

J. Engelking reported details about the random drug screenings. The purpose of the random drug screenings is not intended to be a punitive measure. The purpose is designed to achieve the following goals:

- Promote Wellness and Health and Safety of our students.
- Undermine the effects of peer pressure and provide a legitimate reason for students to refuse. It gives students an “out”.
- To provide a ready resource and support for students who may be getting exposed to substances. When students test positive, they are provided with counseling by the district.

Who participates? All students at Brazoswood and Brazosport High Schools who participate in extracurricular activities and who need a parking permit. Parents can also request that their student participates.

The process is simple. Parent consent is needed but if the parent or student refuses to consent, the student will be ineligible to participate in the extracurricular activities and would not receive a parking permit.

Pinnacle Corporation provides the district with the names of students who have been randomly selected. If a student refuses drug screening, it is considered a positive drug test.

To date, we have tested 214 students. Ten have tested positive for THC, two have tested positive for amphetamines but the parents provided prescriptions for those and they were considered to be in compliance. There were also 2 refusals. Overall, 4% of the students tested were positive.

f. Prevention Strategies-

D. Gilbert, Drug Prevention Specialist, described his role as the following: Establishing healthy behaviors during childhood is more effective than trying to change unhealthy behaviors during adulthood. That is prevention specialists' goal. We've started with 4th graders to not do vaping, drugs and alcohol. We hope this education and prevention strategies will go with the children through their elementary, junior high and high school years; and even into adulthood. We have found that if you educate children as young as possible, they are going to take that and pass it on to their children. We want our program to produce that ripple effect.

The first thing he did when getting the job was to have a conference call with all the principals. Principals were asked about the Catch My Breath program and a high percentage of principals did not know about the program or have not had time to implement it. This program was designed by The University of Texas and by peers and teachers in the classroom. The first goal is to get this implemented. A video was made showing how to get the program started. A contest was created to get 5th - 12th grades through the program by February. Freeport Intermediate School finished the program during their Red Ribbon Week. He went to Rasco Middle School to present the program and it will be done through the physical education department.

The Chicken Club Rallies were virtual this year and a lot of fun was had by not only the students but Mr. Gilbert as well. He emceed and coordinated the rallies. The students showed a great deal of excitement and exuberance about the message of not doing drugs, vaping, and drinking.

Brazoswood High School made a Plinko Board for Student Council students to take to the Farmers Market. Kids can play and win prizes that convey messages to not do drugs, etc. Not only is it fun but it gives a really good message.

He has also applied for a grant for next year to further enhance the prevention strategies.

g. Updates from BISD Students- Bwood/Bport Stuco

Brazosport Student Council Sponsor, D. Richbourg, introduced herself and asked students to stand and introduce themselves. SAFE to SAVE App is being implemented on their campus. It is a safe driving app. When students refrain from using their phone while driving, they get points which add up to prizes. On Jan. 29, Brazosport has BrazCon where they will have a SAFE to SAVE booth. On April 9 they are partnering

with the Brazosport PALS for a beach clean-up at Surfside Beach. May 14 is a Color Run. They will be partnering with the Art Department to chalk the sidewalks. The Student Council consists of 61 members this year which is significantly higher than last year.

Two of the Brazoswood Student Council officers were present and introduced themselves. Last semester they had a kindness week where they had a dress up day and a clothespin day. They wrote kind affirmations on clothespins and students passed them around. They also hosted a Veteran's breakfast and served breakfast tacos while the veterans got a chance to visit with one another. This week seniors are buying their caps and gowns. The Student Council designed the graduation announcement for this year. A blood drive is scheduled for 2 days this week. The last blood drive was cut down to one day and they still set a new record. They are hosting a breakfast for 1st Responders this Friday.

A Brazosport Student Council member added that they are now doing school announcements with PALS and HOSA. Another thing they partner with PALS on is a Mental Mile for mental health. This is done once a month and for 30 minutes, students get a break for and walk a mile around the school. There are stations along the way for water, an affirmation station, and a chalk station. They are also hosting a blood drive on Friday.

6. ADJOURNMENT- 4:35p.m.